ITEM #790077
CEREAL KASHI STRAWBERRY BANANA , 100/1 OZ



MANU # 1862711618

ALLERGEN: WHEAT OR WHEAT DERIVATIVES

KOSHER: PAREVE ORTHODOX UNION

Nutrition Facts

1 servings per container
Serving size 100gr

Amount per serving
Calories 357

	% Daily Value*
Total Fat 3.8g	**5%**
Saturated Fat 0.6g	**3%**
Trans Fat 0g	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 1.4g	
Cholesterol 0mg	**0%**
Sodium 399mg	**15%**
Total Carbohydrate 83.1g	**30%**
Dietary Fiber 11.2g	**40%**
Soluble Fiber 2.8	
Insoluble Fiber 8.4g	
Total Sugars 23.7g	
Includes 22.1g Added Sugars	**44%**
Protein 7.3g	

Vitamin D 0mcg 0%	Calcium 28.4mg 2%
Iron 2.2mg 12%	Potassium 287mg 6%
Vitamin A 9mcg 2%	
Vitamin C 0mg 0%	
Riboflavin 0.04mg 4%	
Niacin 1mg 6%	
Phosphorus 223mg 20%	

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Nutritional/Diet Claims: Vegan, Kosher PAREVE Orthodox Union (www.ou.org)

INGREDIENTS: WHOLE GRAIN OAT FLOUR, WHOLE WHEAT FLOUR, CANE SUGAR, DEGERMINATED YELLOW CORN MEAL, OAT FIBER, BANANA PUREE, STRAWBERRY PUREE, EXPELLER PRESSED CANOLA OIL, SALT, NATURAL FLAVORS, VEGETABLE JUICE FOR COLOR, MIXED TOCOPHEROLS (VITAMIN E) FOR FRESHNESS.

created 10/14/25